

# SUMMIT POINT SPARK PLUG

Summit Point Motorsports Park

February 2019



## Director's Message

Things are moving along in our 50<sup>th</sup> season at Summit Point! Progress is being made on our deer fencing project. When complete, the new fence will be over 3 miles long and cover the perimeter of the Motorsports complex. When finished, other measures will be put in place to reduce the population inside the park as well as measures to lessen the shrubbery and undergrowth around the track footprint.

Three Seat Time events have been added to our calendar in February. If you are a Solo qualified driver in our FATT program, or with another organization, you are eligible to participate. We are offering these February dates at a discount. As long as the weather cooperates, over 40\* and little to no chance of precipitation during the day, these events will take place.

If you sign up for a Seat Time and the event is cancelled, no worries! This year, you won't be charged until the day of the event, so there is nothing to lose by signing up!

If you are not yet Solo qualified, then be sure and sign up for a Friday at the Track<sup>sm</sup> (FATT) this season so you too can join in the fun later this year!

Our Driver's Club returns again in 2019. This program is exclusive to Solo qualified drivers and competition licensed drivers. Members enjoy not only an open track style format with a catered lunch during the event, but also reduced rates for FATT, Seat Time and Open Practice, as well as free electric use at any event at Summit Point. For more info check out our website for pricing and restrictions.

Have you completed our survey for 2019? If not please do so you can have a voice in the future of Summit Point! Click the link below to take the anonymous survey and make your opinion heard!

Chris White  
Director of Motorsports

## UPCOMING EVENTS

Refrigerator Bowl .....	Feb 3
Accident Avoidance .....	Feb 9
Seat Time .....	Feb 10
Seat Time .....	Feb 16
Seat Time .....	Feb 24
PCA Potomac .....	Mar 9-10
SCCA.....	Mar 9-10

**More on our online  
Events Calendar!**



## 4th Annual Refrigerator Bowl Track Cross Winter Series

February 3, 2019  
Shenandoah Circuit



This is a 2 half-day higher speed autocrosses without cones on different courses for two heats each. Registrations will be limited so everyone gets plenty of runs. The wet skidpad will be open and touring laps during lunch will be available. Best of all, we will have a championship series with winners at the end!

Most street or race cars are welcome but must pass a safety tech inspection. Car classing is basic: Street or Competition (based on tires and modifications), FWD or RWD or AWD, under 2.5L NA or over 2.5L/all FI. Or Novice class of course - these events are great for first timers. There is no cheaper or easier way to run for times on a real road course!



## Accident Avoidance

BSR's Accident Avoidance ("AA") training teaches already-licensed drivers, with six months driving experience, how to handle highway emergencies.

### Upcoming Accident Avoidance Events:

- March 16
- April 13
- May 11
- June 10

Events begin at 7:30 a.m. Register at  
[www.accidentavoidance.com](http://www.accidentavoidance.com)



## SCCA Offers Driving School for Competition License March 23-24, 2019 Summit Point Motorsports Park

Registration for the WDCR Racing School at Summit Point will be open and online registration will be available [HERE](#). The school is for competitive, wheel-to-wheel racing. visit [SCCA website](#) for more information and forms.

The Region will also be holding a High Performance Driving Event (Formerly PDX) March 9-10 on the same circuit as the Racing School. You can learn the racing line and shake down your car in a friendly non-racing environment. Tech inspection will also be available. You can sign up for Saturday, Sunday, or both days.

Won't have your race car available that weekend? Not a problem! HPDE events accept street cars that have been inspected for safe operation! Registration for the HPDE can be found [HERE](#).

### Racer360 Provides Fast Coaching from Fast Drivers Blog By: Jake Thiewes

Picking up speed and shedding seconds are two goals of any racecar driver. Some speed can be gained from tweaks to the car – you certainly won't realize your full potential on ancient shocks or old tires – but a lot of improvement can come from tuning the human behind the wheel.

Traditional coaching can be expensive, and is often left behind as amateur racers prioritize tires, brakes, and other “essentials” in their budgets. As the 2019 season quickly approaches, I've started working with pro driver Dion Von Moltke's company, Racers360, which takes a different – far more affordable – approach.

Instead of hiring a coach to spend a day trackside offering input, Racers360 works virtually. Drivers can send in video and have it critiqued within 48 hours, a great way to debrief immediately after an event. Racers360 coaches are some of the best, including Pippa Mann, Josh Hurley, Peter Krause, Callan O'Keefe, and Von Moltke himself.

Given it's the off-season, I asked Dion to analyze a hot lap from a race at VIR late last year. The video had a data overlay with basic speed and lap information, which is all he needed.

Dion quickly identified a big change to make – and it's a change that will apply for several “big money” corners around VIR. I'm applying throttle too early, before the apexes of several turns, which is leading to understeer and ultimately, a lack of grip from the front of the car.



So great, just trail-brake, right? Well, yes, that is the answer to this problem, but hearing “just do X” can be hard to put into practice. Dion gave a very thorough explanation of the “how” of proper trail-braking, using my video to illustrate where I can work on the various elements of a proper trail-brake through corners.

Our first NASA Mid-Atlantic event is at VIR in March. I'm excited to use the Friday test day to apply Dion's insight and see the change it allows. From there, I'll continue working with Dion and his team to recognize more improvements throughout the season.

The team also offers analysis of full races, data file analysis, and an extensive free content library that covers both driver skill and nuances of various racetracks.

Follow Jake's Blog [HERE](#).